

## interRAI Home Care (HC) Assessment Case Example

Name: Charles E. Munster  
Age: 77 years  
Gender identity: Cisgender Male

Marital status: Divorced  
Living arrangement: Alone  
Children: One (daughter)

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### Scale Scores

#### ***Physical health***

- Body Mass Index: 29.3
- CHESS: 3/5 (Moderate health instability)
- Pain: 4/4 (Horrible or excruciating daily pain)
- Pressure Ulcer Risk Scale: 3/8

#### ***Mental health***

- Cognitive Performance Scale: 1/6 (Borderline intact)
- Depression Rating Scale: 3/14 (Possible depressive disorder)
- Composite Mood Scale: 8/9 (Severe)
- Self-reported Mood Scale: 4/9 (Moderate)
- Aggressive Behaviour Scale: 1/12 (Infrequent behaviour)

#### ***Functional status***

- ADL Hierarchy Scale: 1/6 (Supervision)
- ADL Long Form Scale: 5/28
- IADL Capacity Hierarchy Scale: 4/6 (Some dependence)
- Functional Hierarchy Scale: 5/11 (IADLs dependent)
- Fracture Risk Scale (FRS): 3/8 (Moderate)

#### ***Sensory perception***

- Deafblind Severity Index (DbSI): 3/5 (Both senses mild/moderate impairment)

#### ***Service needs***

- Method for Assigning Priority Levels (MAPLe): 4/5 (High)
- Vulnerable Persons at Risk (VPR): 2/2 (High risk)
- Personal Support Algorithm (PSA): 4/6 (Moderate need)
- Caregiver Risk Evaluation (CaRE): 4/4 (High)
- Detection of Indicators and Vulnerabilities for Emergency Room Trips (DIVERT): 6/6 (Highest risk)

## **Collaborative Action Plans**

- Instrumental Activities of Daily Living: Triggered with potential to improve
- Activities of Daily Living: Triggered to facilitate improvement
- Home Environment Optimization: Not triggered
- Institutional Risk: Triggered
- Cognitive Loss: Not triggered
- Delirium: Not triggered
- Communication: Not triggered
- Mood: Triggered with medium risk
- Behaviour: Triggered to prevent daily behaviours
- Abusive Relationship: Not triggered
- Activities: Not triggered
- Dehydration: Not triggered
- Informal Support: Triggered
- Social relationship: Not triggered
- Falls: Triggered high risk for future falls
- Pain: Triggered at high risk
- Pressure Ulcer: Not triggered
- Cardiorespiratory Symptoms: Triggered
- Under-nutrition: Not triggered
- Dehydration: Not triggered
- Feeding Tube: Not triggered
- Appropriate Medications: Triggered high priority
- Alcohol and Tobacco Use: Not triggered
- Urinary Incontinence: Triggered to prevent decline
- Bowel Conditions: Not triggered