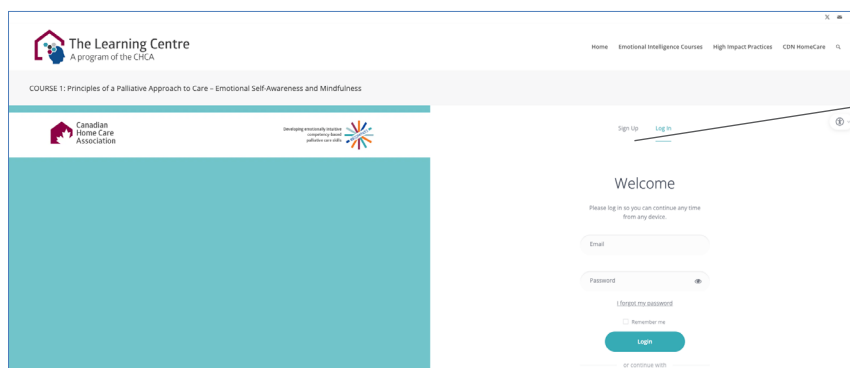


Emotional Intelligence (EI) Microlearning Courses

Accessing the online course

1. Go to <https://learn.cdnhomework.ca/>.
2. Select the desired learning path – “Emotional Intelligence Courses for Nurses” or “Emotional Intelligence Courses for Personal Support Workers” – and click on “Access the EI Microlearning Courses”.
3. Select the course that you would like to start with. Click on the title of the course (e.g., “Emotional Self-Awareness and Mindfulness”) or click on “Go to the course”. You will be directed to a **Sign Up/Log in page**.
4. Select **“Sign Up”**, enter your full name (first and last), email address, and a password, and hit **“Sign Up”** to access the course (see screenshot below). *(Note: once you have signed up, you will have access to all the nursing and personal support worker courses; the name you enter here will appear on the certificate).*



Please note:

- Your progress will be saved if you are unable to complete a course in one sitting.
- Narration is available for each course and can be turned off, if desired.

5. Once you have completed the course, you may download a certificate. (Note: a certificate is available for each individual course).
6. Next, click on “Close course” and either close your browser tab or click on “My courses” to go to your learner dashboard. The learner dashboard will display “Active” courses – courses you have started, but not completed – and “Completed” courses.
7. To select another course, go to “Emotional Intelligence Courses” at the top of the page and select “EI Courses for Nurses” or “EI Courses for Personal Support Workers” (see screenshot below).

