

EMOTIONAL INTELLIGENCE (EI) MICROLEARNING COURSES

The Canadian Home Care Association is pleased to offer exclusive access to our Emotional Intelligence (EI) Microlearning Courses (EI Courses), designed to strengthen the essential attitude component in palliative care competencies (Competency = Skills + Knowledge + Attitude).

AUDIENCE AND CONTENT

These 23 self-directed courses (12 for Registered Nurses and 11 for Personal Support Workers) support healthcare providers in practising new behaviours and building emotional intelligence skills. Based on the Canadian Interdisciplinary Palliative Care Competency Framework, the courses also align with competency domains in provincial frameworks. Each course draws on the foundational work of Daniel Goleman, Reuven Bar-On, and Mayer/Salovey and provides content on an EI skill and behaviour that providers can apply to their clinical practice when delivering home-based palliative care.

What the EI Courses Offer

Attitude Development: Each course enhances the attitude component, a critical element of palliative care competency, with practical EI skills and behaviours.

Microlearning Format: Courses are brief, self-paced, and easily fit into a busy schedule (15–20 minutes each).

Interactive Content: Learners use quizzes, case studies, and scenarios to deepen understanding and reinforce learning.

Certification: Participants receive a completion certificate acknowledging their commitment to EI skill development in palliative care.

Knowledge Layering: Courses build upon each other, allowing learners to complete multiple courses to enhance EI skills and behaviours supporting a specific palliative care domain.

What the EI Courses Do Not Provide

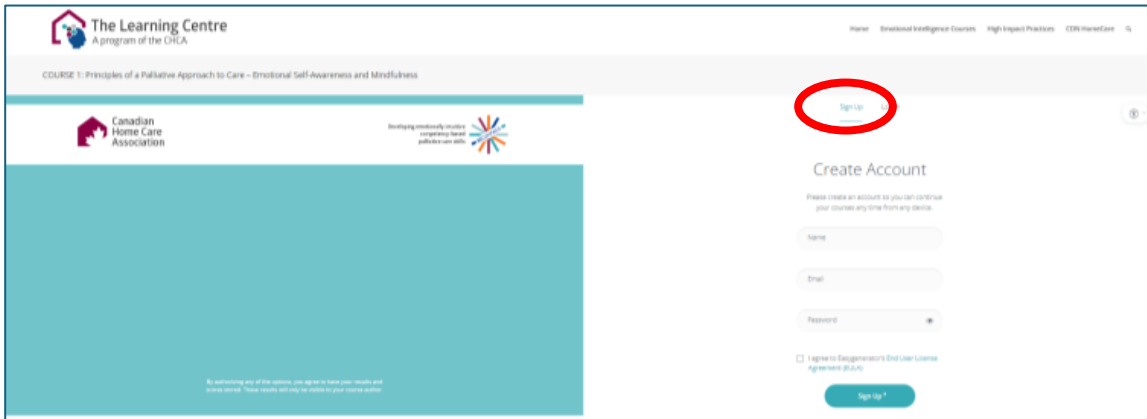
Comprehensive Training in Palliative Care Skills and Knowledge: These courses focus exclusively on attitude and EI skills, not palliative care competencies' broader skills and knowledge components.

In-depth Emotional Intelligence Training: The courses offer a brief introduction to EI rather than in-depth emotional intelligence training.

Specialization in a Single Domain: The courses offer a flexible approach, supporting EI development across multiple palliative care domains. Learners can complete a series of EI Courses to support specific competency domains.

ACCESSING THE ONLINE COURSE

- Go to <https://learn.cdnhomecare.ca/>.
- Select the desired learning path – “Emotional Intelligence Courses for Nurses” or “Emotional Intelligence Courses for Personal Support Workers” – and click on “Access the EI Microlearning Courses”.
- Select the course that you would like to start with. Click on the title of the course (e.g., “Emotional Self-Awareness and Mindfulness”) or click on “Go to the course”. You will be directed to a **Sign Up/Log in page**.
- Select **“Sign Up”**, enter your full name (first and last), email address, and a password, and hit **“Sign Up”** to access the course (see screenshot below). *(Note: once you have signed up, you will have access to all the nursing and personal support worker courses; the name you enter here will appear on the certificate).*



Please note:

- Your progress will be saved if you are unable to complete a course in one sitting.
- Narration is available for each course and can be turned off, if desired.
- Once you have completed the course, you may download a certificate. *(Note: a certificate is available for each individual course).*
- Next, click on “Close course” and either close your browser tab or click on “My courses” to go to your learner dashboard. The learner dashboard will display “Active” courses – courses you have started, but not completed – and “Completed” courses.
- To select another course, go to “Emotional Intelligence Courses” at the top of the page and select “EI Courses for Nurses” or “EI Courses for Personal Support Workers” (see screenshot below).

