

Everyday EI



Empathy and Reframing

Did you know...

70% of patients receiving palliative care report **better symptom management** when they feel their healthcare providers are empathetic.

Quick Tips for Using Emotional Intelligence in Palliative Care

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Empathy and Reframing

Did you know...

Did you know there are four basic emotions—**happy, sad, angry, and afraid**—but people experience a range of intensities for each?

Quick Tips for Using Emotional Intelligence in Palliative Care

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Empathy and Reframing

Did you know...

85% of family members feel **more supported and understood** when healthcare providers demonstrate empathy.

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Did you know...

Did you know helping someone identify and reframe their emotions not only demonstrates empathy but also **builds trust and comfort**.

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Did you know...

Did you know the **“Catch It, Check It, Change It”** approach helps recognize, evaluate, and reframe emotions for empathetic support.

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Did you know...

Did you know patients receiving empathetic care are **40% more likely to adhere to treatment plans**.

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