



# Self-assessment for Personal Support Workers

Name \_\_\_\_\_ Date \_\_\_\_\_

Title/Role \_\_\_\_\_ Organization/Location \_\_\_\_\_

- **Novice (N)** – may be experienced in psychosocial care but new to palliative care. Needs regular support.
- **Advanced beginner (B)** – can practice independently using some psychosocial skills specific to palliative care but still needs support.
- **Competent (C)** – mostly independent, occasionally seeks out support.
- **Proficient (P)** – autonomous practice, seeks out leadership opportunities.
- **Expert (E)** – highly proficient, is regularly sought out by others.



## Palliative care competencies and descriptions

## Knowledge/skill level

### 5 Care planning and collaborative practice

#### 5.1 Understanding interdisciplinary collaboration, transitions, and roles

**5.1.1** Contribute to interdisciplinary care planning by offering observations to the health care team of challenges the person and their designated family or caregiver(s) may be experiencing, or any opportunities to provide support, using standardized tools, recording, and reporting.

N B C P E

**5.1.2** Understand that for members of underserved populations, designated family or caregiver(s) and community members may have a role in the care team.

N B C P E

**5.1.3** Understand that First Nations, Inuit, and Métis family and community members may have a role in the care team.

N B C P E

#### 5.2 Acting as an advocate

**5.2.1** Advocate for incorporation of the person's and their designated family or caregiver's values and beliefs into care planning.

N B C P E

#### 5.3 Promoting advance care planning

**5.3.1** Respect the person's and their designated family or caregiver's preferences for care.

N B C P E

**TOTAL 5 Care planning and collaborative practice**

N B C P E