



# Self-assessment for Nurses

Name \_\_\_\_\_ Date \_\_\_\_\_

Title/Role \_\_\_\_\_ Organization/Location \_\_\_\_\_

- **Novice (N)** – may be experienced in psychosocial care but new to palliative care. Needs regular support.
- **Advanced beginner (B)** – can practice independently using some psychosocial skills specific to palliative care but still needs support.
- **Competent (C)** – mostly independent, occasionally seeks out support.
- **Proficient (P)** – autonomous practice, seeks out leadership opportunities.
- **Expert (E)** – highly proficient, is regularly sought out by others.



## 11 Advocacy

### 11.1 Advocating for the person, designated family or caregiver(s), and societal rights

**11.1.1** Advocate for the incorporation of people's and designated families' or caregivers' values and beliefs into the care plan. **N B C P E**

**11.1.2 A. Generalist**  
Advocate that the needs, decisions, and rights of underserved populations, including First Nations, Inuit, and Métis, be incorporated into care planning. **N B C P E**

**B. Specialist**  
Actively influence and promote palliative care strategic initiatives and policy development. **N B C P E**

**Palliative care competencies and descriptions** **Knowledge/skill level**

**C. Specialist**  
Advocate for health professionals to be supported in participating in palliative care continuing education opportunities, and to have access to adequate resources to provide palliative care. **N B C P E**

**D. Specialist**  
Describe how changes in legislation and/or funding, and the structure of the healthcare system, could affect delivery of palliative care to people. Actively engage generalist and others in these processes. **N B C P E**

### 11.2 Acting as an advocate

**11.2.1 A. Generalist**  
Advocate for equitable, accessible, safe, high-quality palliative care, and timely access to resources for palliative care. **N B C P E**

**B. Specialist**  
Participate in and lead as a member of organizations that advocate for equitable, accessible, safe, and high-quality palliative care. **N B C P E**

**11.2.2 A. Generalist**  
Advocate for culturally safe practices that are free of racism and discrimination. **N B C P E**

**B. Specialist**  
Provide advocacy and leadership, and contribute to policy and program development at a systems level to ensure culturally safe care. **N B C P E**

**TOTAL 11 Advocacy**

**N B C P E**