



# Self-assessment for Nurses

Name \_\_\_\_\_ Date \_\_\_\_\_

Title/Role \_\_\_\_\_ Organization/Location \_\_\_\_\_

- **Novice (N)** – may be experienced in psychosocial care but new to palliative care. Needs regular support.
- **Advanced beginner (B)** – can practice independently using some psychosocial skills specific to palliative care but still needs support.
- **Competent (C)** – mostly independent, occasionally seeks out support.
- **Proficient (P)** – autonomous practice, seeks out leadership opportunities.
- **Expert (E)** – highly proficient, is regularly sought out by others.



## 12 Virtual care

|        |  |                       |   |   |   |   |
|--------|--|-----------------------|---|---|---|---|
| 12.1.1 | Identify people who would be suitable to be assessed by virtual care modalities and where it would optimize symptom and psychosocial supports. | N                     | B | C | P | E |
| 12.1.2 | Recognize equity challenges to virtual care including geography, finances, disabilities, language, and familiarity with technology.            | N                     | B | C | P | E |
| 12.2   | Adapting care to a virtual modality  |                       |   |   |   |   |
| 12.2.1 | Deliver virtual care as per standards of Accreditation Canada, provincial standards of practice, and workplace regulations and guidelines.     | N                     | B | C | P | E |
| 12.2.2 | Adapt a variety of information and communication techniques to deliver person-centred care.  | N                     | B | C | P | E |
|        | Palliative care competencies and descriptions  | Knowledge/skill level |   |   |   |   |
| 12.2.3 | Utilize various tools to deliver care virtually.   | N                     | B | C | P | E |
| 12.2.4 | Develop clear processes for patient follow-up and hand-over to other professionals.  | N                     | B | C | P | E |
| 12.2.5 | Develop clear processes for involvement of the interdisciplinary team  | N                     | B | C | P | E |
| 12.3   | Delivering care virtually  |                       |   |   |   |   |
| 12.3.1 | Communicate effectively and clearly with people and their designated families or caregivers, and elicit signs and symptoms remotely.           | N                     | B | C | P | E |
| TOTAL  | 12 Virtual care  | N                     | B | C | P | E |