



Self-assessment for Nurses

Name _____ Date _____

Title/Role _____ Organization/Location _____

- **Novice (N)** – may be experienced in psychosocial care but new to palliative care. Needs regular support.
- **Advanced beginner (B)** – can practice independently using some psychosocial skills specific to palliative care but still needs support.
- **Competent (C)** – mostly independent, occasionally seeks out support.
- **Proficient (P)** – autonomous practice, seeks out leadership opportunities.
- **Expert (E)** – highly proficient, is regularly sought out by others.



9 Professional and ethical practice

9.1 Addressing ethical issues

9.1.1	Anticipate and address ethical and legal issues that may be encountered when caring for people with life-limiting conditions.	N	B	C	P	E
9.1.2	Facilitate discussion and management of ethical and legal issues in conjunction with the person, their designated family or caregiver(s), their care team, and institutional ethics review boards (or equivalent), where they exist.	N	B	C	P	E
9.1.3	Identify situations where beliefs, attitudes, and values limit one's ability to be present and provide care to people and their designated families or caregivers. Collaborate with others to ensure optimal care is provided.	N	B	C	P	E
9.1.4	Understand distinctions among ethical and legal concepts, such as: the principle of double effect, palliative sedation, and medical assistance in dying (MAiD).	N	B	C	P	E
9.1.5	Access resources to guide ethically complex situations and implement possible resolutions.	N	B	C	P	E

9.2 Advocating for inclusion of the person's and their designated family or caregiver's beliefs and values

9.2.1	Establish and respect peoples' wishes, options, and preferences regarding their care, and respect their decisions.	N	B	C	P	E
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Palliative care competencies and descriptions

Knowledge/skill level

9.3 Understanding legislation and policy

9.3.1	A. Generalist Demonstrate knowledge of relevant legislation/policies – e.g. medical assistance in dying (MAiD), <i>Children and Family Services Act</i> , <i>Adult Protection Act</i> , and <i>Personal Directives Act</i> , and any other legislation related to field of practice.	N	B	C	P	E
	B. Specialist Apply a comprehensive understanding of and contribute to the development and refinement of legal, ethical, and professional standards to the provision of quality palliative care.	N	B	C	P	E

9.4 Understanding MAiD

9.4.1	Respond to inquiries regarding MAiD in accordance with the appropriate regulatory body's guidelines and standards.	N	B	C	P	E
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TOTAL 9 Professional and ethical practice

N B C P E