



Self-assessment for Nurses

Name _____ Date _____

Title/Role _____ Organization/Location _____

- **Novice (N)** – may be experienced in psychosocial care but new to palliative care. Needs regular support.
- **Advanced beginner (B)** – can practice independently using some psychosocial skills specific to palliative care but still needs support.
- **Competent (C)** – mostly independent, occasionally seeks out support.
- **Proficient (P)** – autonomous practice, seeks out leadership opportunities.
- **Expert (E)** – highly proficient, is regularly sought out by others.



10 Education, evaluation, quality improvement, and research

10.1 Accessing continuing education

10.1.1	Participate in palliative care continuing education opportunities.	N	B	C	P	E
10.1.2	Participate in cultural safety training opportunities, especially any that are specific to underserved populations. Where available, participate in regionally specific training.	N	B	C	P	E
10.1.3	Participate in First Nations, Inuit, and Métis cultural safety training opportunities. Where available, participate in regionally specific training.	N	B	C	P	E

10.2 Educating and supporting learners

10.2.1	A. Generalist Educate people, families, caregivers and interdisciplinary teams regarding palliative care and the palliative approach.	N	B	C	P	E
	B. Specialist Develop, facilitate, and provide palliative care-related education, leadership, and mentorship to generalists and students preparing to be specialists.	N	B	C	P	E
	C. Specialist Promote public awareness and education regarding end-of-life issues, beliefs, and attitudes about palliative care.	N	B	C	P	E

10.3 Contributing to quality improvement

10.3.1	A. Generalist Contribute to the monitoring and evaluation of the quality of palliative care, and critically evaluate outcomes against standards and guidelines.	N	B	C	P	E
Palliative care competencies and descriptions		Knowledge/skill level				
	B. Specialist Contribute to the evaluation of the quality of palliative care and the effectiveness of the specialist palliative care consult team.	N	B	C	P	E

10.4 Evaluating person outcomes

10.4.1	A. Generalist Routinely incorporate standardized measures recognizing the importance of person-reported outcomes (PROs).	N	B	C	P	E
	B. Specialist Contribute to the development, implementation, and evaluation of PROs based on evidence-informed standards and guidelines, and advocate for the importance of PROs in all aspects of palliative care policy and practice.	N	B	C	P	E

10.5 Promoting Knowledge generation, translation, and synthesis							
10.5.1	A. Generalist	Apply knowledge gained from palliative care research to all activities in delivering a palliative approach to care.	N	B	C	P	E
	B. Specialist	Lead, facilitate, and engage in research in palliative care, and act as an expert resource contributing to palliative care development and delivery.	N	B	C	P	E
10.5.2	A. Generalist	Where possible and appropriate, encourage people and designated families or caregivers to participate in research opportunities.	N	B	C	P	E
	B. Specialist	Identify the opportunities for, and barriers to, discipline-specific and interdisciplinary research unique to palliative care.	N	B	C	P	E
TOTAL	10 Education, evaluation, quality improvement, & research		N	B	C	P	E