

### WHY?

Need for a rapid-cycle, evidence-based, collaborative method to adapt and implement leading practices in integrated home and community care across the country.

### WHAT?

CHCA SPRINT Implementation Collaboratives™ (SPRINT Collaboratives) use a structured process to help organizations and local practice teams test new models of care, better understand and use quality improvement methodologies and create sustainable change that results in positive client/patient outcomes.

### WHO?

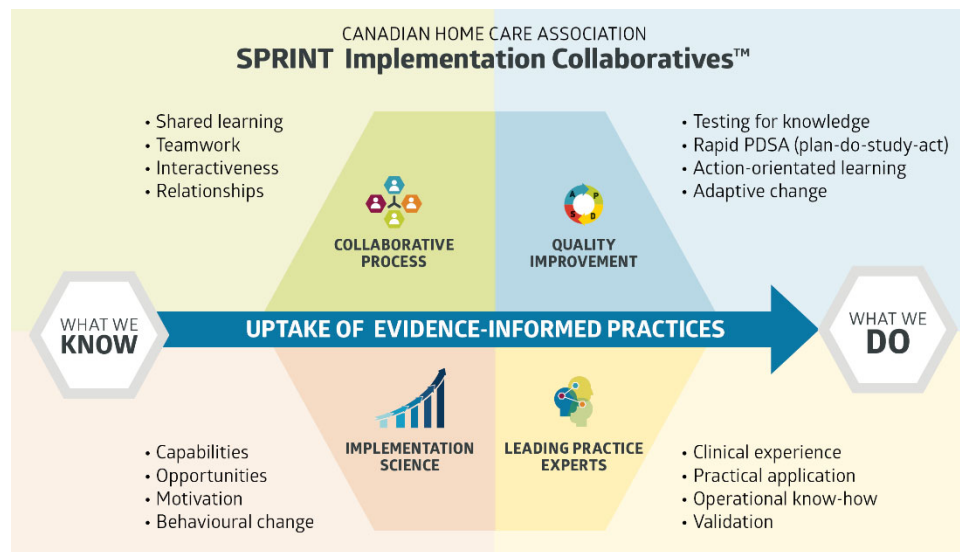
SPRINT Collaboratives™ are uniquely designed for home and community-based care providers. This customized process focuses on rapid, effective change that requires minimal investment and time to achieve significant results.

### HOW?

Adapted from the Institute for Healthcare Improvement Collaborative Model for Achieving Breakthrough Improvement<sup>1</sup> and the evidence-based system for innovation support (EBSIS),<sup>2</sup> SPRINT Implementation Collaboratives™ provide tools, training, coaching and technical assistance in:

- testing for knowledge using rapid ‘plan-do-study-act’ (PDSA) cycles;
- applying practical learning and experience from leading practices experts;
- using proven interventions to motivate individuals and change behaviour through COM-B<sup>3</sup>;
- working as a collaborative and maximizing learning opportunities; and
- developing sustainability plans to achieve long-term outcomes.

Contact the CHCA to learn how your organization can be involved in a SPRINT Implementation Collaborative



The Canadian Home Care Association (CHCA) is a national non-profit membership association dedicated to strengthening integrated community-based care. Through our diverse membership base, the CHCA represents public and private organizations that fund, manage and provide services and products in the home and community. In partnership with our members, the CHCA advances initiatives that address national priorities in home and community care. As a recognized authority, the CHCA facilitates knowledge sharing, creates connections, informs policy and practices, and advocates for better home and community care for all Canadians. Learn more about the CHCA and our work at <https://cdnhomecare.ca/>

<sup>1</sup> The Breakthrough Series: IHI’s Collaborative Model for Achieving Breakthrough Improvement. IHI Innovation Series white paper. Boston: Institute for Healthcare Improvement; 2003. Available from: [www.IHI.org](http://www.IHI.org)

<sup>2</sup> Wandersman A, Chien VH, Katz J. Toward an evidence-based system for innovation support for implementing innovations with quality: tools, training, technical assistance, and quality assurance/quality improvement. Am J Community Psychol. 2012;50(3-4):445-450. doi: 10.1007/s10464-012-9509-7.

<sup>3</sup> Mitchie, Atkins and West (2014) The Behaviour Change Wheel: A Guide to Designing Interventions