



Winnipeg Regional  
Health Authority

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# **Silos to Integration: A Process Continuum**

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**Integrated Palliative, Primary, and Home Health Services**

# The Process Continuum



# The Process Continuum



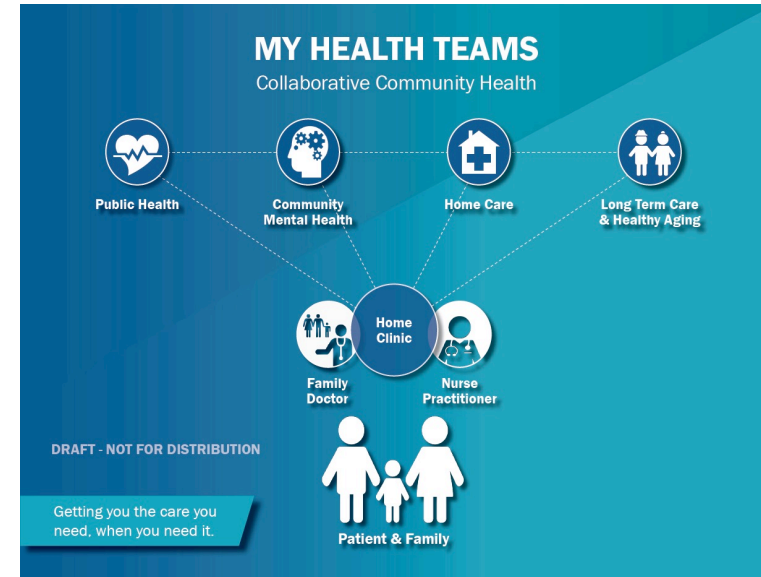
# Strengthen Primary Health Care

Primary care refers to first-contact care, in which the majority of health problems are treated. It is the foundation of any health care system, and nations with strong primary care seem to have better health than those without.

*Primary Health Care* is a broader concept. In addition to primary care services, it includes health promotion and disease prevention, and also population-level public health functions. It reflects the approach to service provision for a community proposed in the WHO 1978 [Alma Ata Declaration](#)

Reference: [http://www.med.uottawa.ca/sim/data/primary\\_care.htm](http://www.med.uottawa.ca/sim/data/primary_care.htm)

# Manitoba's Provincial Vision



<https://www.gov.mb.ca/health/primarycare/homeclinic/index.html>

# Manitoba's Provincial Clinical and Service Planning





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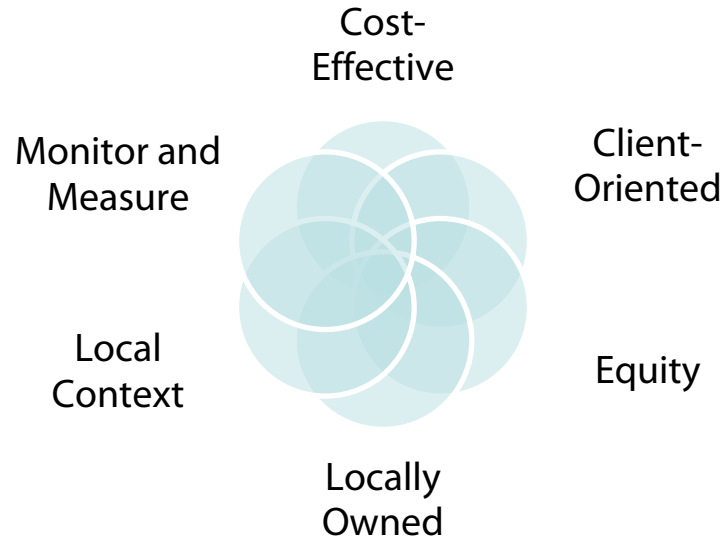
# Vision to Reality

**Vision**

**Strategy**

**Operations**

# Excellence in Community Health: Provincial Vision and Strategy to Local Operations







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# Simple Steps

## Single Point Person in Home Care Project

# Current State of Challenges Between Home Care and Primary Health Care in the WRHA – Clinician's Perspective

Eligibility Access  
Urgent needs Culture  
Service Navigation  
Negative Perceptions  
Care continuity  
Complex clients  
Long waits  
Knowledge

## Key Themes

- Partnerships
- Coordination/  
Collaboration
- Navigation
- Communication

# Project

**Goal:** Every Primary Care Home Clinic (PCHC) in Winnipeg will be connected to a single point person in Home care to enable partnerships, build stronger relationships, improve communications, and help with community service navigation.

**Strategy:** Initiative to be offered initially to PCHC's participating in the Winnipeg My Health Teams to ensure an understanding of a variety of practice styles and to leverage existing relationships.

**Pilot:** commenced with one private fee for service clinic with a Primary Care RN as the clinic contact and one Home Care Case Coordinator.

# Main Results

- Pilot resulted in very little extra work for Home Care Case Coordinator (CC)
- Very positive feelings from both RN and CC about the approach and benefits
- RN appreciated the responsiveness – did not have to wait on the phone; could leave a message and get a response!
  - Having a consistent HC point person made communication easier and efficient
  - Also helped build a relationship with the CC and have constructive and creative care planning conversations or service option discussions



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# Microteam-Based C.A.R.E. Model

## A Relationship-Centered, Team-Based, Integrative Service Delivery Model

*Key Contact for this Initiative :*

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# Microteams

Refers to the core team complement of primary care resources (primary care assistants, primary care nurses, nurse practitioners and physicians) that a service recipient considers their home base for primary care

Patient is the captain of their team and service providers are coaches

# C.A.R.E. Process

- **Check-In**
- **Assessment**
- **Referral**
- **Evaluation**

# The Broader Team

- Micro Team help link, connect, or navigate other health, social services or housing support (Macro Team)
  - Sandwich to a health care specialist
  - Health and Social Services in community area are becoming better integrated – phone call to most needed service for immediate engagement rather than traditional referral

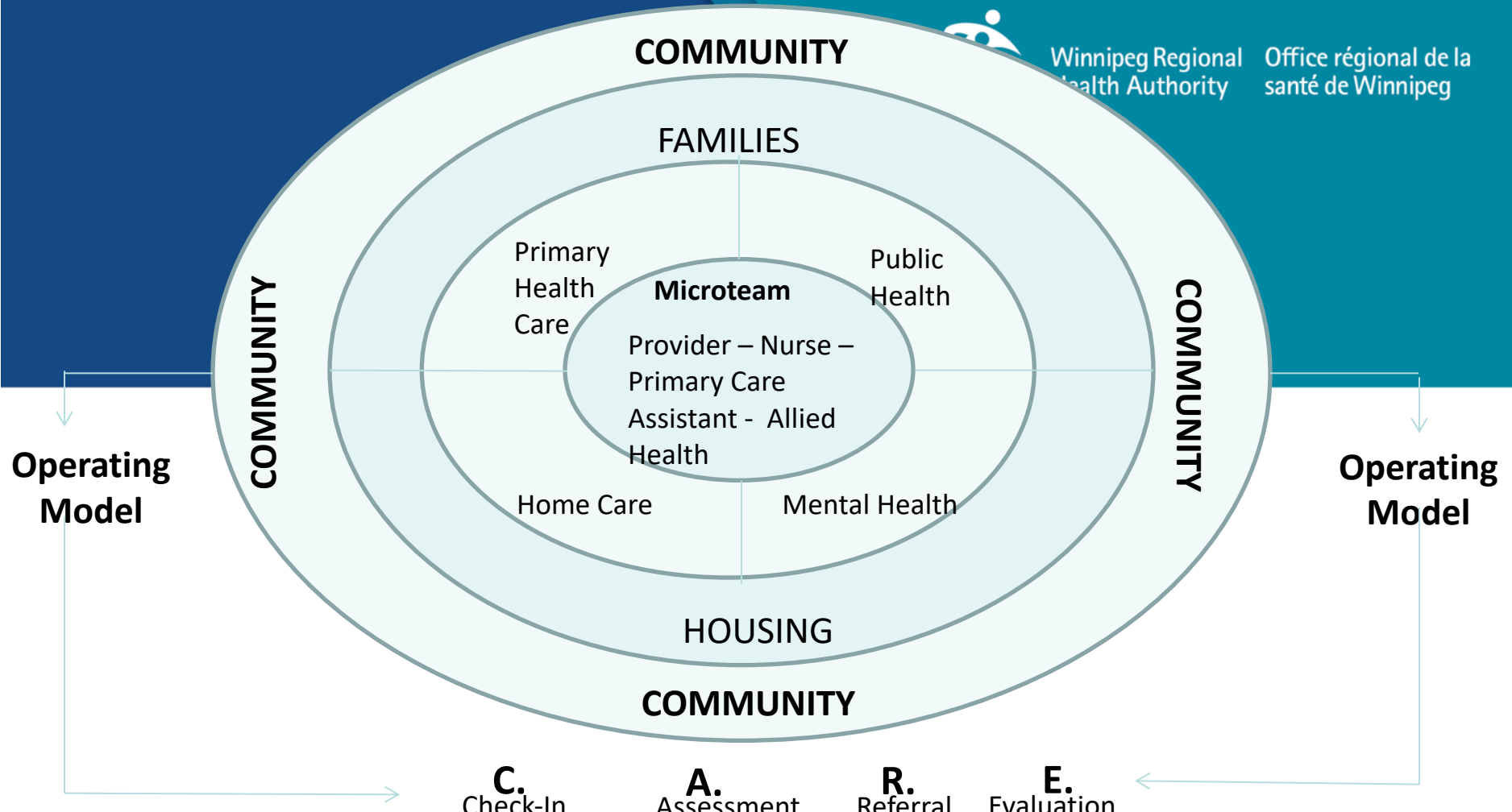


# COMMUNITY AREA INTEGRATED PRIMARY HEALTH HUB

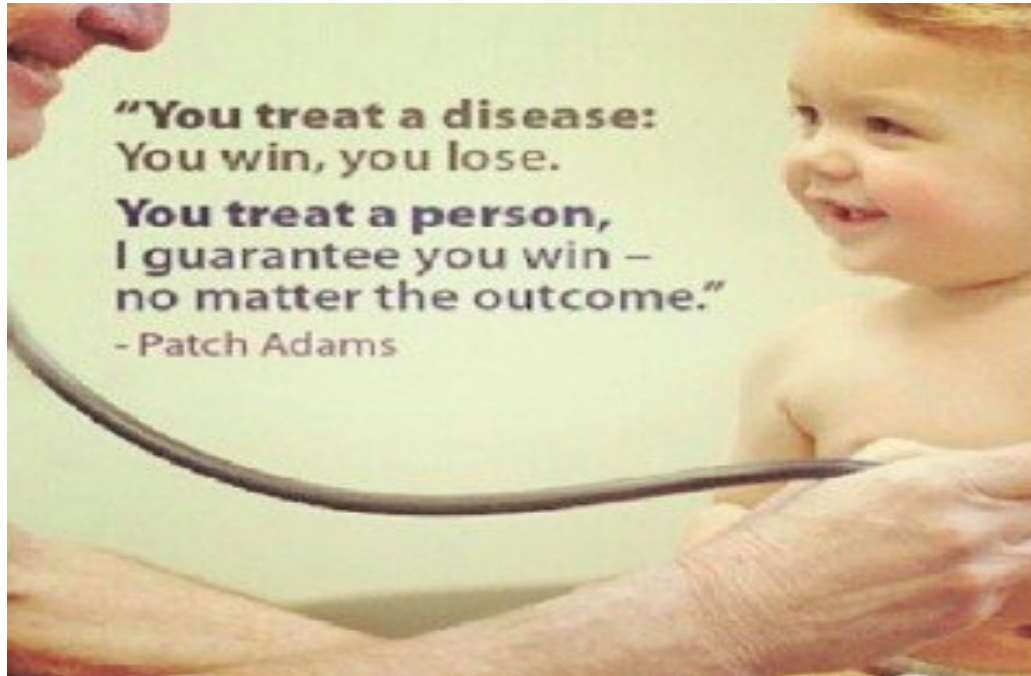


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# From Patient-Centered to Relationship-Centered



**"The lack of patient engagement is the Achilles Heel of health care delivery."**

Adapted from quote by Terry McGeerney, MD

*The problem is not so much that patients are unengaged  
...but rather that providers are not always very engaging*

Access

∞ Reach

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# *From Provider-Patient to Team-Based*



PANEL/PROVIDER



PANEL/TEAM

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# *From Patient Complexity to Integrative Care*



# COMPLEXITY

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# Microteam-Based C.A.R.E. Model Evaluation

- In – process
  - C.A.R.**Evaluation** component data analysis underway
  - Provider and Clinicians focus group completed; report pending
  - Key measures & metrics and Team-based performance indicators – under review

