

# **A FRAMEWORK FOR NATIONAL PRINCIPLE-BASED HOME CARE STANDARDS**

# ALIGNMENT OF STANDARDS



## PRINCIPLE-BASED STANDARDS

provide **high- level guidelines** for policy and program.

## OPERATIONAL / SERVICE STANDARDS

establish **operating procedures** for quality, efficient care.

## CLINICAL PRACTICE STANDARDS

set **clinical guidelines and pathways** for optimal patient care.

# ALIGNMENT OF STANDARDS

## Example: Person- and Family -Centred Care

### Principle-Based Standard

Patients' and carers' needs are identified using an evidence-informed assessment tools



### Operational Standard

- The provider designs the assessment process with input from clients and families.
- Any existing assessments or care plans for the clients are identified and related information is collected from the client, family and other service providers.
- The care plan and assessments should be conducted by an appropriate member of the client's care team.



### Clinical Standard

Evidence-informed assessment scales customized for clinical applications (e.g. stroke, pain, dementia)

# PRINCIPLE-BASED HOME CARE STANDARDS

## ARE:

High-level guidelines that support implementation of core home care values

Norms for home care policy and service delivery

Evergreen and will improve over time in response to stakeholder expectations

Customizable and adaptive to unique populations and jurisdictional needs

## ARE NOT:

Rigid rules that are static and unchanging

Clinical practice guidelines and pathways

Required organizational practices

Inflexible statements that assume 'one-size fits all'

# FOUNDATION BASED ON THE HARMONIZED PRINCIPLES FOR HOME CARE

## 6 core values for home care programs across Canada

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### PATIENT- AND FAMILY-CENTRED CARE

*Patients and their carers are at the centre of the planning and delivery of care.*

- Foster autonomy and self-sufficiency.
- Integrate safety practices into all patient care and service delivery.
- Respect and address psychosocial, physical and cultural needs.
- Acknowledge patients and carers' unique strengths and engage them as partners in care.

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### ACCESSIBLE CARE

*Patients and their carers have equitable and consistent access to appropriate care.*

- Provide care that is responsive and consistent among providers and across jurisdictions.
- Promote patients' and carers' understanding of care needs and options, and consequences of decisions and actions.
- Customize care to the unique needs of patients and their families to ensure appropriate care.

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### ACCOUNTABLE CARE

*Patients, providers and system outcomes are managed, met and reported on.*

- Focus on increasing capacity and improving performance.
- Ensure transparency through user-friendly reporting on service delivery information and outcome.
- Use performance metrics and outcomes to inform planning and delivery.
- Foster adaptive leadership and governance to facilitate change and collaboration.

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### EVIDENCE-INFORMED CARE

*Patients receive care that is informed by clinical expertise, patient values and best available research evidence.*

- Collect and apply research evidence, provider expertise and patient experience.
- Use standardized tools and supports to strengthen the quality of services and programs delivered.
- Create a culture of innovation and ingenuity.

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### INTEGRATED CARE

*Patients' needs are met through coordinated clinical and service-level planning and delivery across multiple professionals and organizations.*

- Build strong foundational partnerships between home care and primary care.
- Optimize system resources and seamless navigation through care coordination.
- Facilitate joint planning, decision-making and open communication.
- Engage health and social care sectors with a focus on continuity for the client.

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### SUSTAINABLE CARE

*Patients whose needs can be reasonably met in the home will receive the services and support to do so.*

- Use current and future population needs in strategic policy and system planning.
- Modernize delivery through the exploration and testing of new funding and service models.
- Plan and manage health human resources in anticipation of changing supply and future demand.
- Develop strategic procurement approaches to evaluate and adopt innovation and new technology.

# FOUNDATION BASED ON THE HARMONIZED PRINCIPLES FOR HOME CARE

Alignment with the Qmentum Accreditation – Quality Dimensions for Program Standards for home care and home support.



**ACCREDITATION**  
**CANADA**  
Better Quality. Better Health.

HARMONIZED PRINCIPLES FOR HOME CARE	QMENTUM ACCREDITATION PROGRAM
<b>Patient-and Family-Centred Care</b> Provide safe care in partnership and consultation with the patient and family; respect patient's privacy, dignity and holistic needs; support autonomy and independence.	<b>Client-Centred Services</b>
<b>Accessible Care</b> Provide care that is reliable, consistent, personal and available to all who need it.	<b>Accessibility</b>
<b>Accountable Care</b> Monitor the quality of care; tell people about it; continually work to improve it.	<b>Commitment to Quality Improvement</b>
<b>Evidence-Informed Care</b> Provide care based on the best available research evidence, clinical expertise and patient values; share knowledge and innovative ideas.	<b>Effectiveness</b>
<b>Integrated Care</b> Coordinate care with other health services; make information and resources available.	<b>Continuity of Services</b>
<b>Sustainable Care</b> Manage resources efficiently; use current and projected needs to develop strategic policy and system planning.	<b>Population Focus/Efficiency</b>



# **WHY NATIONAL PRINCIPLE-BASED HOME CARE STANDARDS?**



# IDENTIFICATION OF NEED

## PRINCIPLE-BASED HOME CARE STANDARDS

### CONFIRMING COLLECTIVE NEED:

Priority action identified through the Better Home Care Plan



### OBJECTIVE:

Achieve a level of consistency in access and delivery of home care services across Canada, while respecting jurisdictional autonomy and distinctiveness



# DEVELOPMENT PROCESS

## PRINCIPLE-BASED HOME CARE STANDARDS

### SETTING THE FOUNDATION

#### DEFINING THE FRAMEWORK

A consensus process to define the scope, application and development process of the standards. This work is guided by an **Expert Advisory Group**

2014-15

2017

2018

### BUILDING CONDITION & P/T REINFORCEMENT

2016

### CONFIRMING COLLECTIVE NEED

2017

### BUILDING MOMENTUM & AWARENESS

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## STRATEGIC CONSULTATIONS (June to November 2017)

**Purpose:** Identify the scope, key elements and suggested development approach

- 2 rounds of online surveys (n= 144)
- 3 focus groups (n =75)
- Targeted interview format for Quebec stakeholders (n=25)

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## GOALS



Set the benchmark for high-quality home care



Inform home care policies, programs and delivery



Facilitate the identification and sharing of promising practices

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## OBJECTIVES

The principle-based home care standards will impact policies and programs that enable:

- Person- and family-centred care
- Accessible care
- Accountable care
- Evidence-informed care
- Integrated care
- Sustainable care

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## OUTCOMES

The principle-based home care standards will result in:

Increased  
**accountability** in  
the home care sector

**Greater consistency**  
in the provision of high  
quality care across  
geography

Enhanced **person and  
family centred care**

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## CORE ELEMENTS

Home Care Principle	Core Actions	Research Questions	Home Care Principle	Core Actions	Research Questions
<b>PERSON- AND FAMILY-CENTRED CARE</b> <i>Patients and their carers are at the centre of the planning and delivery of care.</i>	<ul style="list-style-type: none"> <li>• Acknowledge individuals' and carers' unique strengths and engage them as partners in care.</li> <li>• Respect and address the emotional, physical, mental, environment and cultural needs of the individual and their carers.</li> </ul>	<ul style="list-style-type: none"> <li>• What <b>home-based assessment tools and protocols</b> are used to determine needs and strengths of (a) patients and (b) carers?</li> <li>• What <b>conversation strategies and tools</b> effectively support patient and carer shared decision-making?</li> </ul>	<b>EVIDENCE-INFORMED CARE</b> <i>Patients receive care that is informed by clinical expertise, person values, and best available research evidence.</i>	<ul style="list-style-type: none"> <li>• Collect and apply research evidence, provider expertise and individual experience.</li> <li>• Use standardized tools and methodology.</li> </ul>	<ul style="list-style-type: none"> <li>• How are <b>clinicians supported</b> to make evidence-informed decisions?</li> <li>• What strategies are effective in measuring <b>patient and carer experience</b>?</li> </ul>
<b>ACCESSIBLE CARE</b> <i>Patients and their carers have equitable and consistent access to appropriate care.</i>	<ul style="list-style-type: none"> <li>• Care delivery is responsive and consistent among providers and across jurisdictions.</li> <li>• Care meets unique needs of individuals and their carers.</li> </ul>	<ul style="list-style-type: none"> <li>• What models support effective home care in <b>urban vs. rural</b> settings?</li> <li>• How does <b>technology</b> facilitate access to home care?</li> </ul>	<b>INTEGRATED CARE</b> <i>Patients' needs are met through coordinated clinical and service-level planning and delivery involving multiple health and social care providers and organizations.</i>	<ul style="list-style-type: none"> <li>• Optimize system resources and seamless navigation through care coordination.</li> <li>• Build strong foundational partnerships between home care, primary care and acute care.</li> </ul>	<ul style="list-style-type: none"> <li>• What are the core elements needed for successful <b>integrated care models</b> that include home care, primary care and acute care?</li> </ul>
<b>ACCOUNTABLE CARE</b> <i>Patient, provider, and system outcomes are managed, met, and reported.</i>	<ul style="list-style-type: none"> <li>• Performance metrics and clinical outcomes inform planning and delivery.</li> <li>• User-friendly reporting of service delivery and outcomes metrics.</li> </ul>	<ul style="list-style-type: none"> <li>• How are effective <b>performance indicators</b> for home care developed and used?</li> <li>• What elements need to be considered for <b>effective reporting</b> on home care performance and outcomes?</li> </ul>	<b>SUSTAINABLE CARE</b> <i>Patients whose needs can reasonably be met in the home will receive the services and support to do so.</i>	<ul style="list-style-type: none"> <li>• Health human resource and social capacity planning.</li> <li>• Strategic policy and system planning.</li> </ul>	<ul style="list-style-type: none"> <li>• How are <b>community resilience and human resource planning</b> being used to predict future demand and optimization home care delivery?</li> </ul>

# ALIGNMENT OF STANDARDS

## Example: Person- and Family-Centred Care

### Principle-Based Standard

Communication strategy is in place to support patient and carer shared decision making



### Operational Standard

- Written and verbal communication and instructions are adapted to facilitate client and family understanding.
- Translation and interpretation services are available for clients and families as needed
- Verifies that the client and family understand information provided about their care



### Clinical Standard

Practice standard for nursing documentation



# ALIGNMENT OF STANDARDS

## Example: Accessible Care

### Principle-Based Standard

Information and telecommunication technologies are used where appropriate to facilitate access to home care



### Operational Standard

- Providers have policies and procedures in place, designed with input from clients and families, to govern the delivery of virtual services.
- Providers have a process in place to address confidentiality and privacy as they relate to virtual health services and communication.



### Clinical Standard

CNO's practice guideline for telepractice (help nurses to understand their accountabilities when providing care using information and telecommunication technologies)

# A FRAMEWORK FOR PRINCIPLE-BASED HOME CARE STANDARDS

## KEY CONSIDERATIONS

- Adaptability
- Engagement
- Knowledge translation and evaluation

# WHAT'S NEXT?

## PRINCIPLE-BASED HOME CARE STANDARDS

**SETTING THE  
FOUNDATION**

2014-15

**DEFINING THE  
FRAMEWORK**

2017

**BUILDING CONDITION &  
P/T REINFORCEMENT**

2018

**CONFIRMING  
COLLECTIVE NEED**

2016

**BUILDING MOMENTUM  
& AWARENESS**

2017

# NATIONAL PRINCIPLE-BASED HOME CARE STANDARDS

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