# Whole Community Palliative Rounding: An Innovative, Collaborative Approach for Rural BC

# **CHCA Summit 2018 Charlottetown, PEI**

Elisabeth Antifeau, RN, MScN, CHPCA(C), GNC(C), CNS-C Regional Clinical Nurse Specialist, Palliative Care Interior Health, BC



# Acknowledgements

Aboriginal/Indigenous Acknowledgement

Interior Health Regional Palliative Care Team

 Whole Community Palliative Round Teams in Interior Health

#### Overview

- Vision why is it needed?
- Defining Purpose and Structure
- Supporting existing and new development
- Required Supports
- Outcomes and Impact







215,000 sq. kilometres

Interior Health Authority 59 Incorporated Municipalities Thompson Cariboo Shuswap Canal Flats

#### Vision

- IH Palliative Care Model is a primary, generalist palliative care approach
- Population-based focus for PC services is needed
- The palliative journey experience shaped by many influences
- Need for a regular, local communication method to facilitate whole care-continuum discussion to address palliative needs.

## Defining Purpose and Structure

"Whole community" - Conceptual appeal

Purpose and Guiding Principles are shared & clear

 Collaboration – recognizing and defining internal and external partnerships in new ways

Importance of local Ownership and Governance

#### Support



- Intentional development
- Revised and new
- Engaging local stakeholders, sharing vision
- Medical leadership sought and secured
- PDSA cycles, quality improvement
- Regional support guidelines, tools, mentoring and participation

#### Required Supports

- Local leadership and shared vision
- Commitment to participate release of local staff to participate on a regular weekly basis (1-1.5 hours/week)
- Understanding the expanded Circle of Care
- Identifying population and keeping a current local registry
- Documentation and communication tools

#### Outcomes and Impact

- 1 to 7 to 11 and growing
- Standardized Regional guidelines, tools
- Standardized physician compensation
- Better inter-professional communication, tighter transitions, and more rapid responses
- Evidence-based care-planning
- In-the-moment learning and praxis
- Inclusion of non-traditional partners FN, CP, Hospice
- New innovations, mentorship, partnerships
- Team spirit, synergy and engagement

#### **Future**

- "Whole Community" works! Keep growing
- Evaluate outcomes from an individual/family perspective (e.g., FamCare survey)
- Future Vision: Consultation through Whole Community Palliative Rounding is well known, widely available and regularly accessed by clinicians from any program or sector to help deliver excellence in palliative care.

## Thank-you!

Questions and Discussion?

If you wish copies of this presentation, our Whole Community Palliative Guidelines or tools, please email me at: elisabeth.antifeau@interiorhealth.ca

