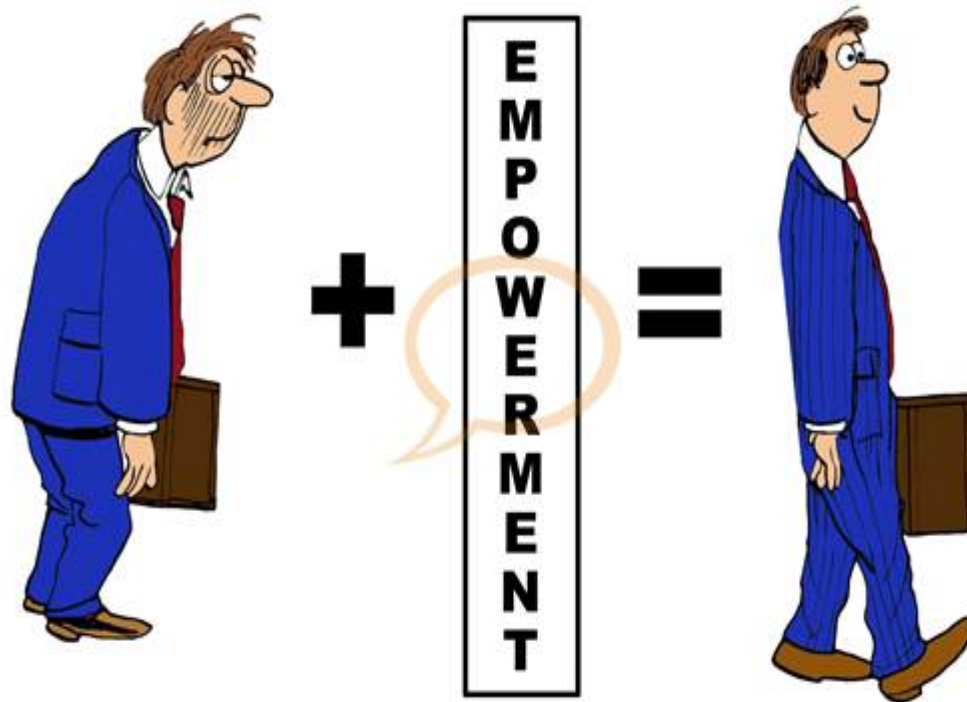


# Self Managed Care

Funding option that promotes independence  
in personal care decisions

# Empowerment

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**" We see this on occasion..someone self-actualizes and becomes empowered simultaneously and they spontaneously combust."**

# Empowerment – Wikipedia definition

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TERM: measures designed to increase the degree of autonomy and self-determination in people and in communities in order to enable them to represent their interests in a responsible and self-determined way, acting on their own authority.

ACTION: Refers both to the process of self-empowerment and to professional support of people, which enables them to overcome their sense of powerlessness and lack of influence, and to recognize and use their resources.

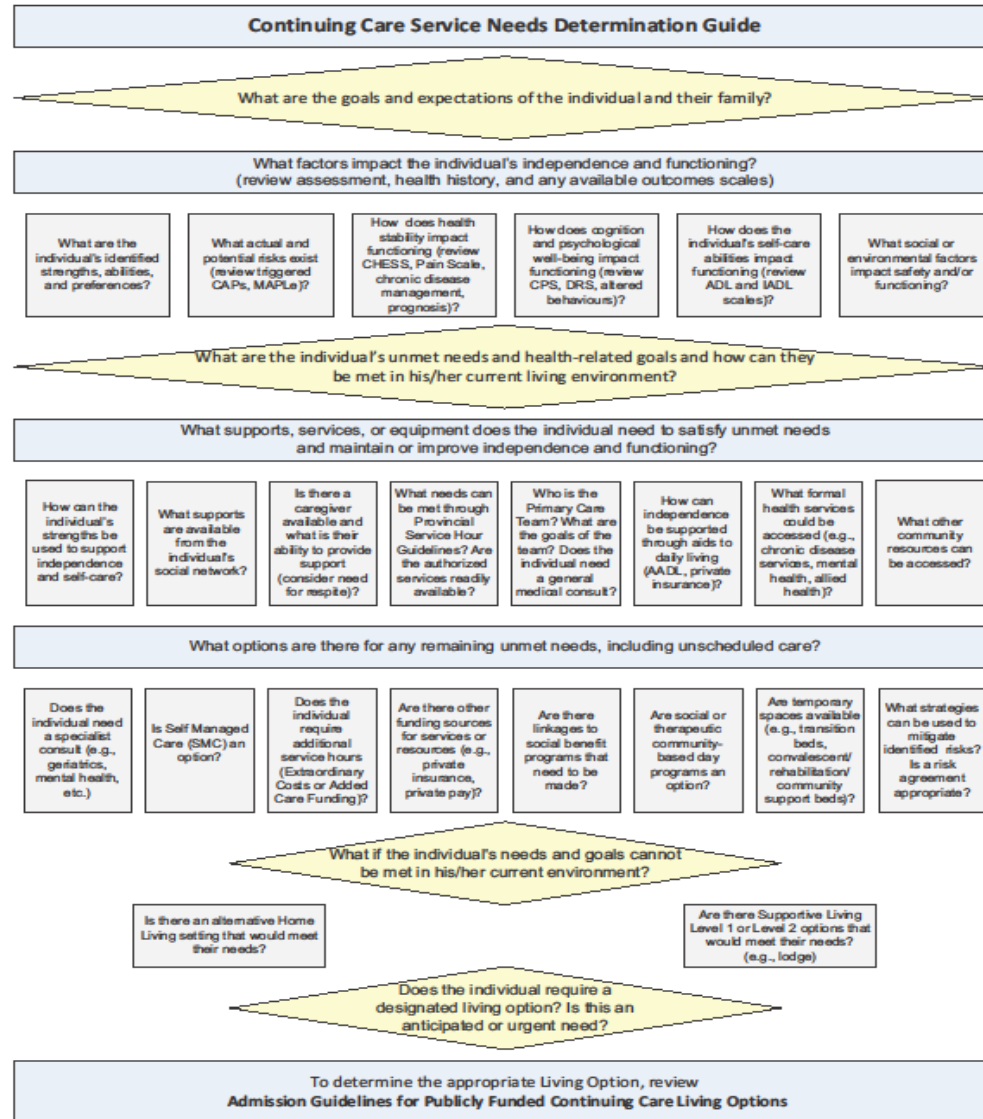
<https://en.wikipedia.org/wiki/Empowerment>



# Goals of SMC

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- Self Managed Care enhances the client's **independence** by respecting the client's capability and **right to make decisions about his or her own life**, including the right to make decisions about risks.
- Autonomy and self determination
- Should not erode individual, family, and community responsibility.
- Self Managed Care should support and enhance the client's informal support system.



## Handling your own care can be empowering.....

- You are a small business owner
- Job creation and helping others
- Choosing your own staff
- Directing your own care
- Managing finances
- Engaging with community

## Trends.....

Clients and Families are coming to homecare  
empowered and with strong skills/tools

Educated

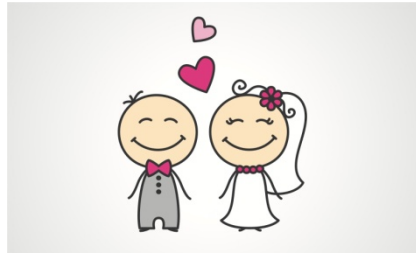
Internet savvy

Resourceful

Self-motivated and Independent



# Success Stories from Empowerment.....



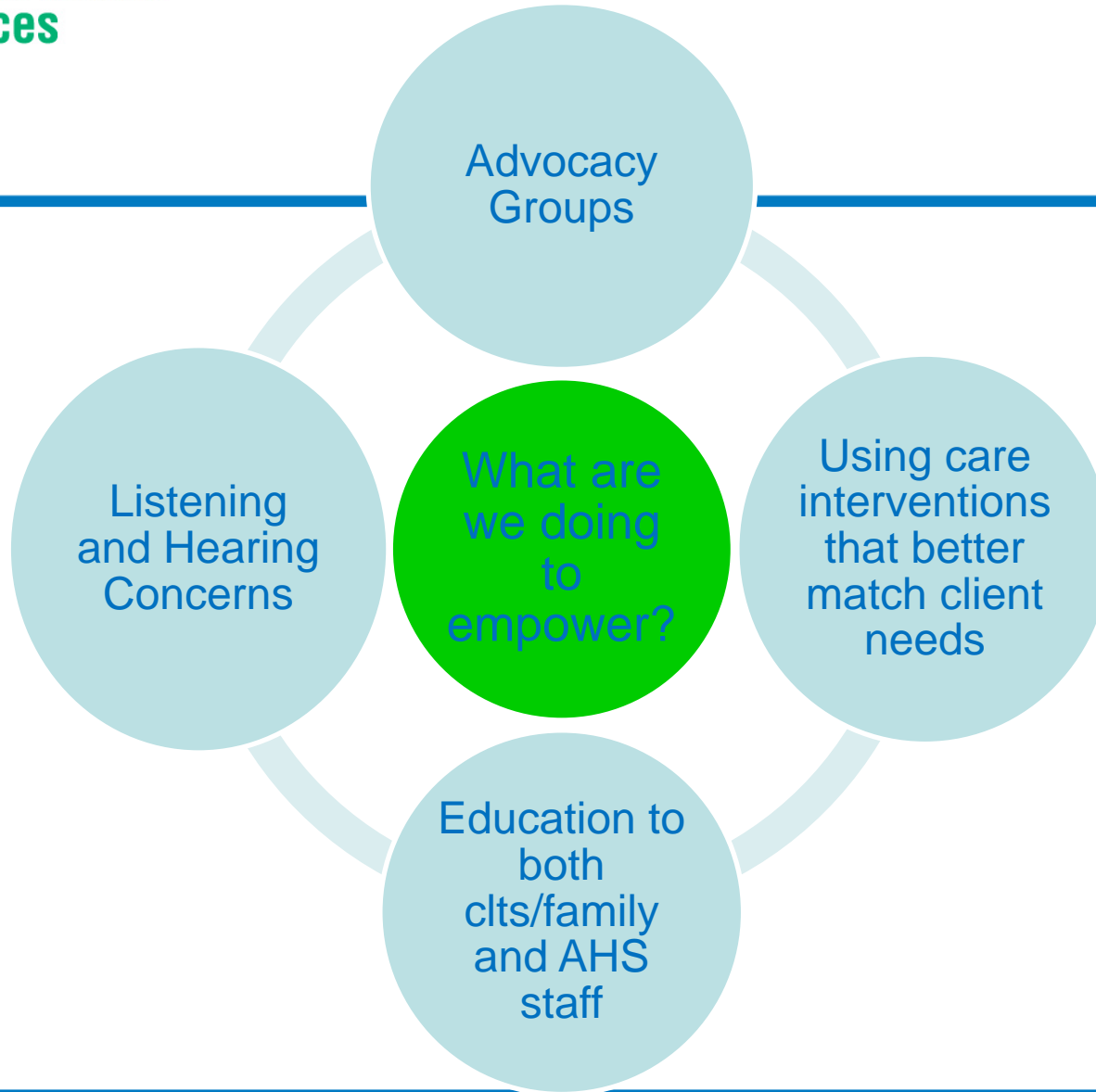
# What clients and family are asking for.....

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Flexibility

Choice

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# Future Visions to Support Empowerment

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- Enhanced education opportunities for privately hired caregivers to clients with complex care needs??
- Web community for sharing so other SMC clients can find available caregivers who already have skills and expertise
- Developing better collaborative efforts with clients, community, government, and private sectors to help youth who have ability to pursue post secondary education

# Questions?

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