



MyHealthNS: Nova Scotia's Consumer Health Solution

# Presentation to the National Home Care Conference

Stewart Cameron *MD*Kathryn Hull Deployment Specialist RelayHealth Canada



## The innovation isn't the **technology** ...

The innovation is how technology changes the

way we do things.















# EMR versus PHR

- An EMR usually refers to a digital record kept by a healthcare professional or institution
- Patient access is limited, although they have a right to the information!
- Sharing among the healthcare team is typically limited to "in house" users



# EMR versus PHR

- A Personal Health Record is an online version
- It is secure, but accessible by multiple professionals
- It is accessible by the patient and their caregivers
  - Parents for children
  - Adult children for parents
- Includes:
  - Diagnoses
  - Medications
  - Labs
  - Diagnostic imaging
  - Consultation reports



# PHR Benefits

- Instant access to information by the patient/family
- Secure communication between patient and doctor
- Better patient engagement in managing their own care
- Better safety
- Reassurance





## PHR (MyHealthNS) Demonstration Pilot

- What we set out to learn:
  - Business case?
  - Benefits to patients, providers and the health care system?
- 3 year demonstration project to test the PHR concept
- 30 (+5) family physicians; 2 specialties (GI, Hematology), >6000 patients (doubling the project target)
- Demo guided by multi-stakeholder committee, co-chaired by consumer representative
- Project won two national innovation awards, finalist for a third
- Evaluation findings resulted in provincial roll-out decision



## **Value Proposition**

## eResults:

- ✓ close the loop on every test result = quality ↑ anxiety ↓
- ✓ saves patient time tracking results and/or clinic time sharing them

## eBooking:

- ✓ **Ψ** rate of no-shows
- ✓ ↑ patient convenience/satisfaction

## eVisits (aka 'eQuestions'):

- ✓ ↑ access (demo showed potential 22% û clinic capacity with same # of providers)
- ✓ superior to telephone with digital record/audit trail

## eMessaging:

- ✓ Alternative to fax use for exchange of patient info between providers
- ✓ Tool for collaborative practice

## eSharing:

✓ Ability to access and manage health information of dependents



# Use in Home Care?

- The patient has full access
- They can allow home care providers to view their PHR
- The patient can enter data into the PHR
- The patient can communicate with the family physician
- In future, why not give the home care provider access?



# Demo



# Portal Sign In



This is a non-production system (MTDEWEB02 [v 17 . 9 . 4762 . 1 ]) -Click for details-

ENGLISH|FRANÇAIS

## Welcome to Your Healthcare Portal

A secure portal for patients and healthcare teams to collaborate and share information

Where do you provide or receive healthcare?						
Canada						
USERNAME						
username						
PASSWORD						
password						
Remember my username						
SIGN IN 🚨						
Don't have an account? <b>Register here.</b>						

Forgot your username or password? Start Recovery



## Patient Dashboard











Providers

Account

Log out, Donovan



## **HEALTH RECORDS**

Lab results, medications and more



## MESSAGES

Message your Providers or Care Team



## DOWNLOAD MY DATA

Export or Download Health Data

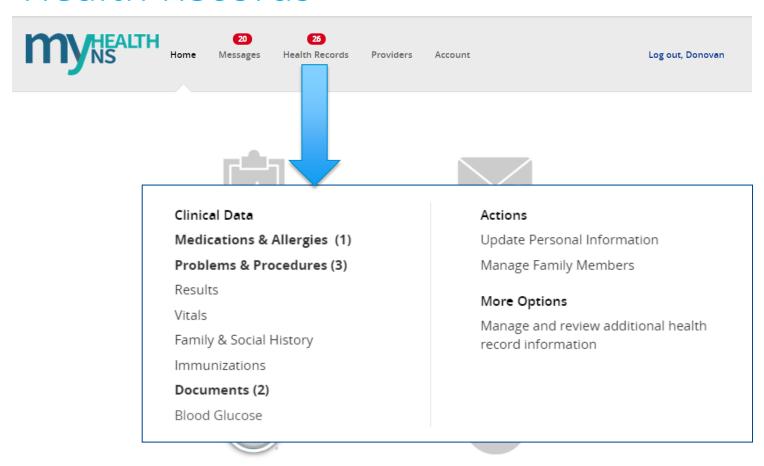


## ADDITIONAL SERVICES

Pay bills and other services



## Health Records



DOWNLOAD MY DATA

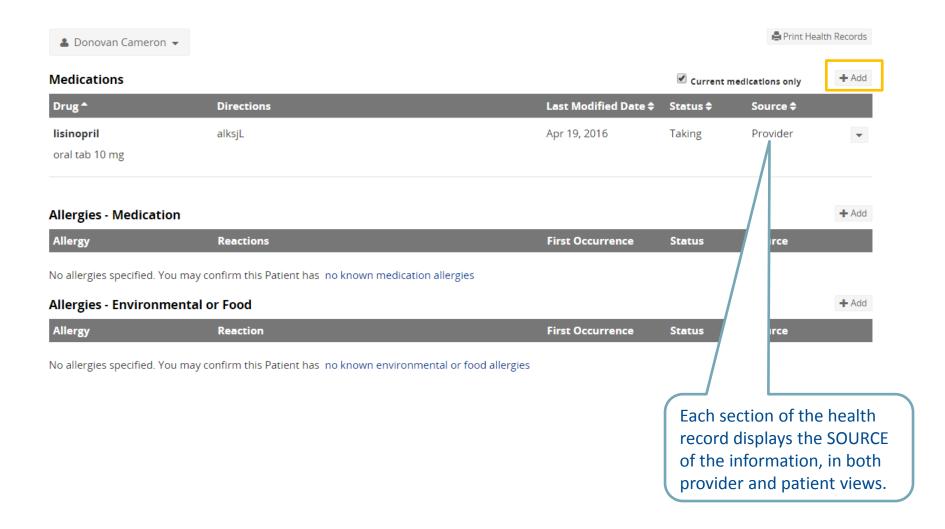
Export or Download Health Data

ADDITIONAL SERVICES

Pay bills and other services



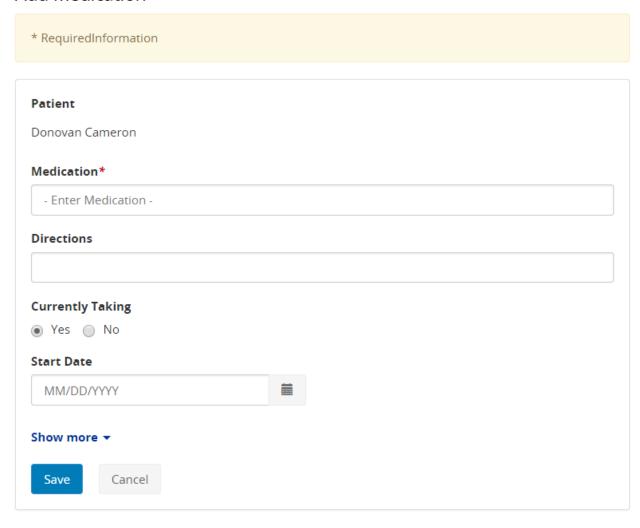
# Medications & Allergies





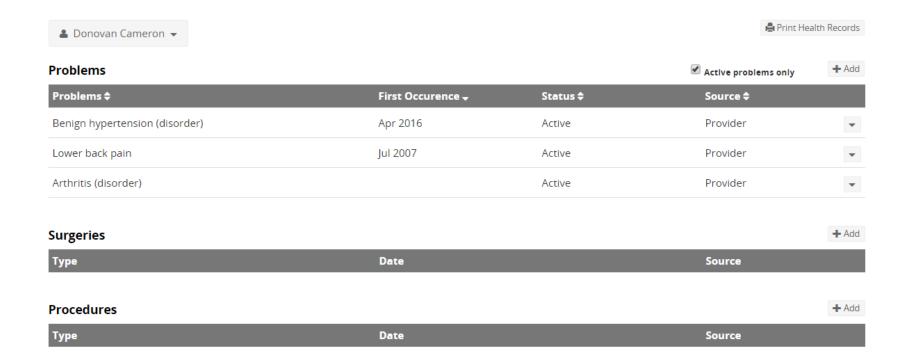
# Adding a New Medication

## Add Medication



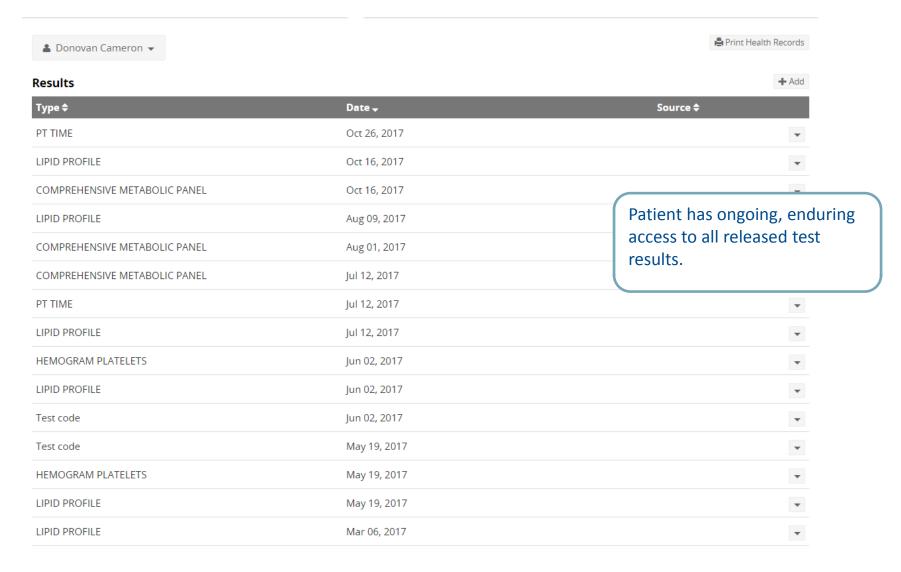


## Problems & Procedures





## Results





## RelayHealth Clinical Result System

6475 Christie Ave Emeryville, CA 94608 **Phone:** (510) 637-7700

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Patient Information:

https://www.demo.relayhealth.com/specific/patients/onlineServices/faq.aspx



## **Patient Information**

PROTHROMBIN TIME (PT)

## **Order Details**

## PT TIME

Analyte	Value	Flag	Reference	Status
INR	3.2 sec	H		Final
Notes: INR REFERENCE INTERVAL FOR PATIENTS NOT				
ON ANTICOAGULANT THERAPY: 0.9-1.1				
SUGGESTED INR THERAPEUTIC RANGE FOR ORAL				
ANTICOAGULANT THERAPY				
ROUTINE THERAPY: 2.0-3.0				
RECURRENT MYOCARDIAL INFARCTION				
OR MECHANICAL PROSTHETIC VALVES: 2.5-3.5				Contains note f

Н

9.0-12.0

Notes: REFERENCE RANGE FOR PROTHROMBIN TIME IS A NORMAL RANGE AND DOES NOT APPLY TO PATIENTS ON ANTICOAGULANT THERAPY.

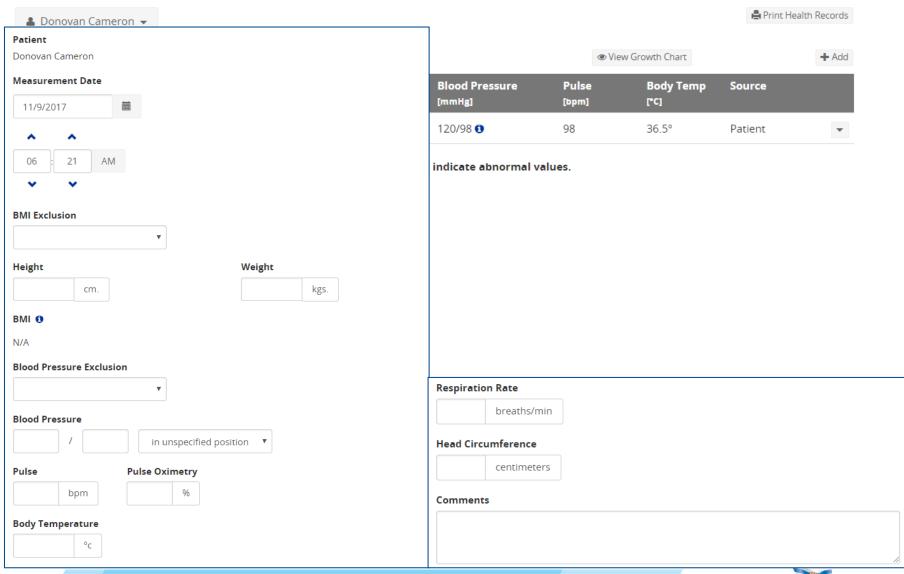
Contains note from doctor for future reference, without having to locate message as well

Provider Comments: Please schedule an appointment regarding test results for Donovan Cameron on Oct 26, 2017 10:38 AM.

30.9 sec



## Vitals



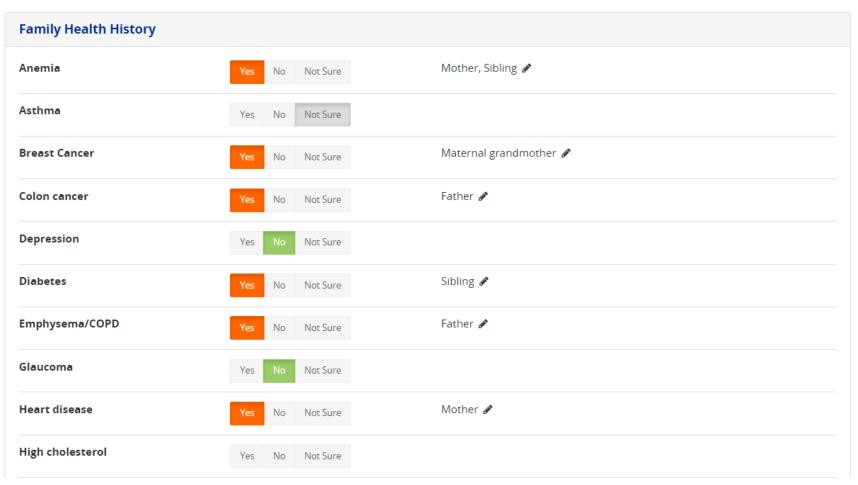


# Family & Social History



Print Health Records

## Family & Social History





## **Immunizations**



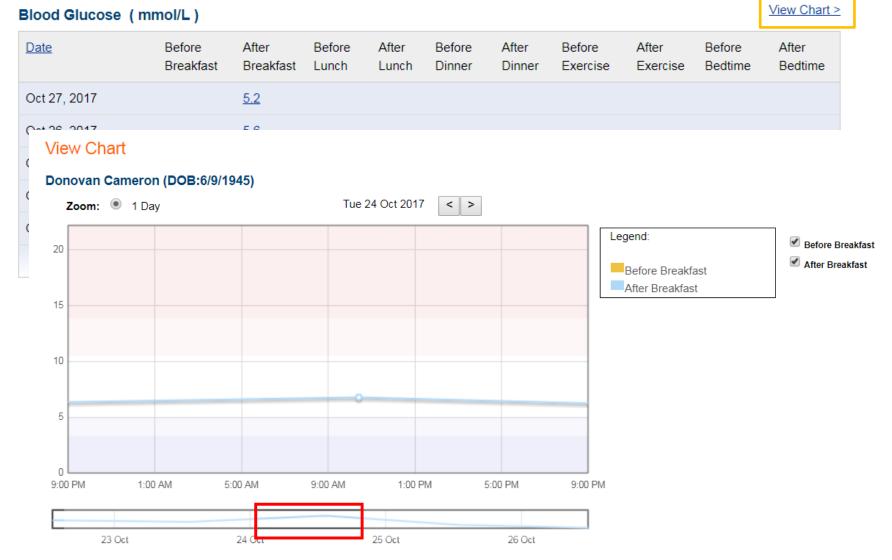


## **Documents**



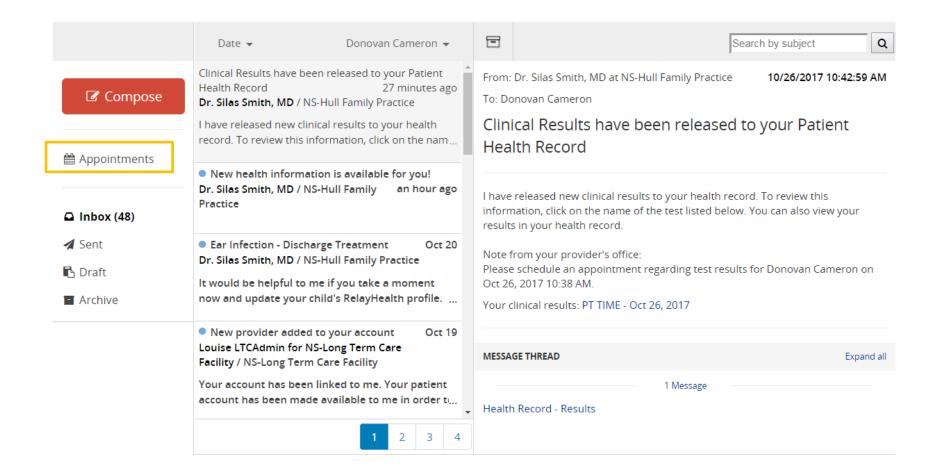


# **Blood Glucose Tracking**



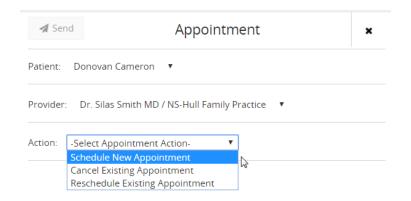


# Messaging





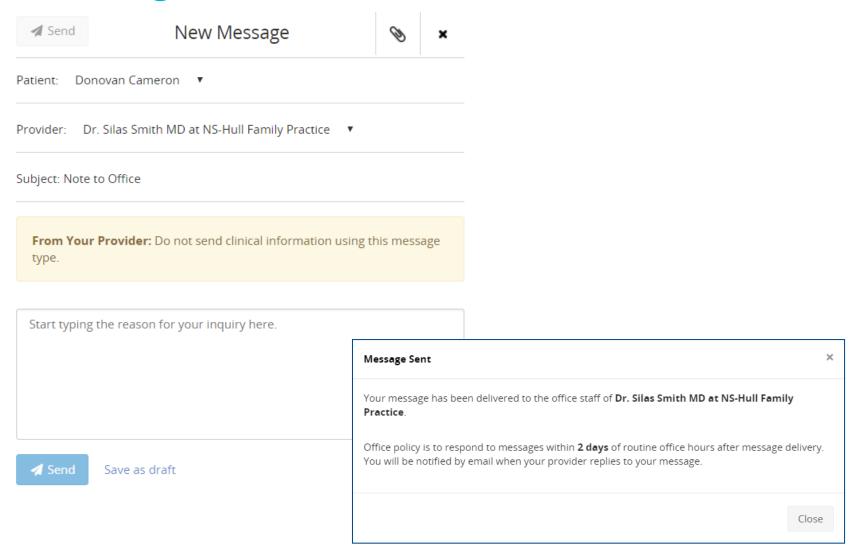
# Appointment Requests



	v Appointment			
From Your Provide Wednesday 9 am - 4			9 am -4 p	om
* Required information				
1ST CHOICE *				
MM/DD/YYYY	Start	Anytim ▼	End	•
Yes, I am willing to see a	nother healthcare pr	rovider if my provid	er is not av	railable.
Pescribe additional a			er is not av	ailable.
	vailability (optio		er is not av	railable.

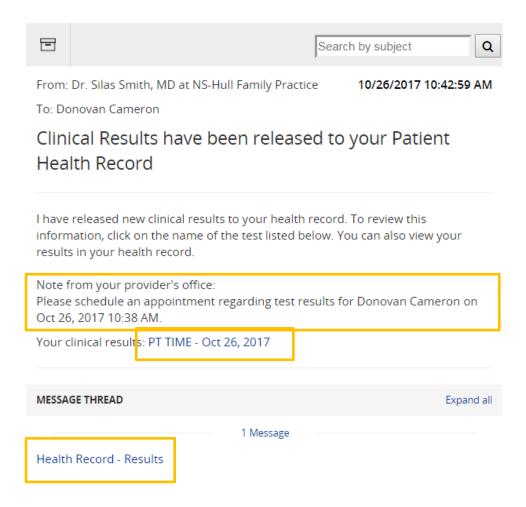


# Sending a Note





# Receiving Results





## Result Detail

## RelayHealth Clinical Result System

6475 Christie Ave Emeryville, CA 94608 **Phone:** (510) 637-7700

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Patient Information:

https://www.demo.relayhealth.com/specific/patients/onlineServices/faq.aspx



## **Patient Information**

## **Order Details**

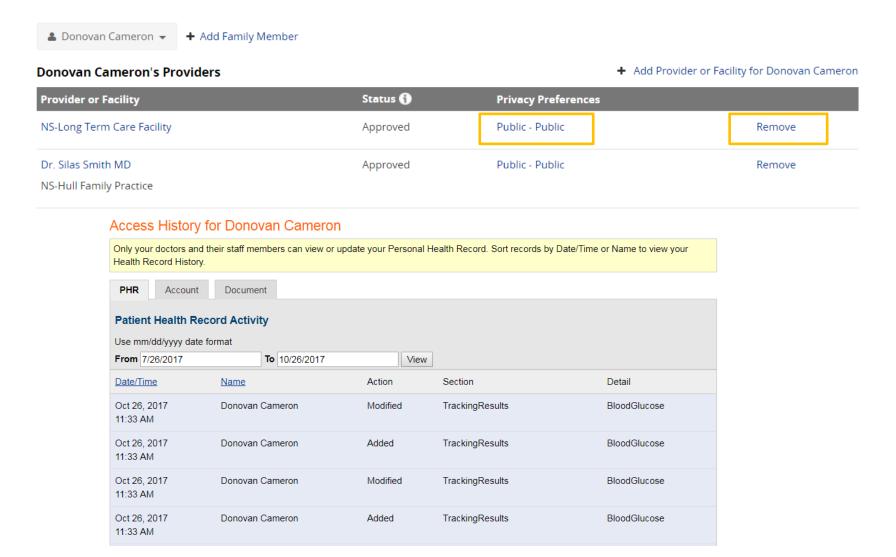
## PT TIME

Analyte	Value	Flag	Reference	Status	
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ROTHROMBIN TIME (PT)  Notes:REFERENCE RANGE FOR PROTHROMBIN TIME IS	30.9 sec A NORMAL RANGE AND DO	H DES NOT	9.0-12.0	Embedded n	ote from

Provider Comments: Please schedule an appointment regarding test results for Donovan Cameron on Oct 26, 2017 10:38 AM.



# Privacy & Access History

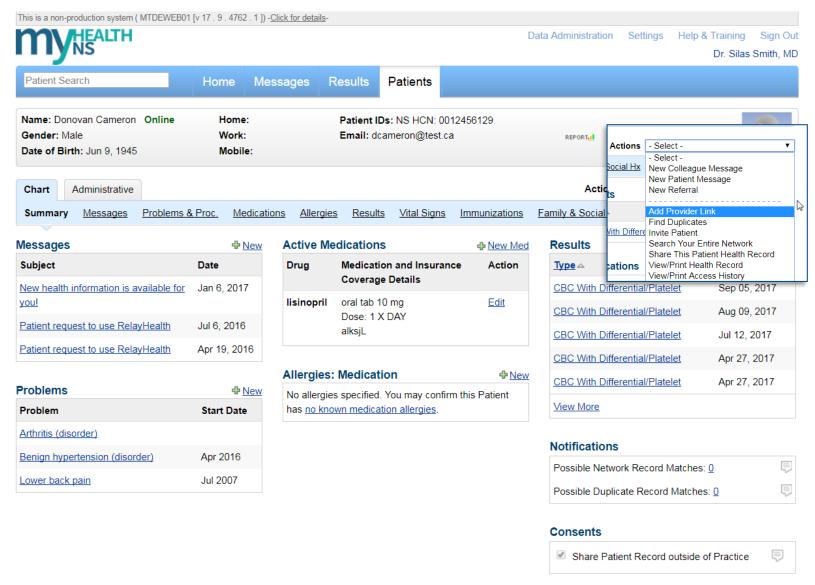




# **Provider Portal**

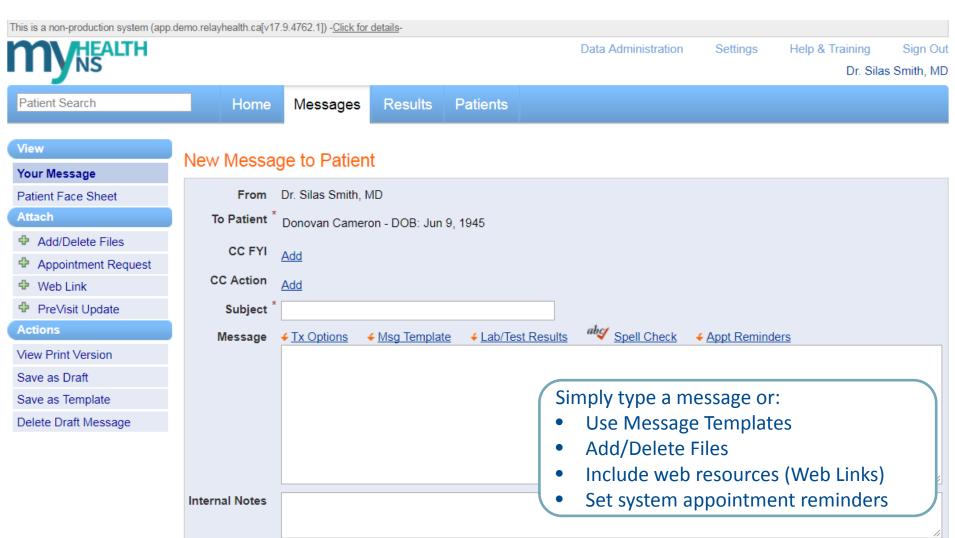


## Provider View of PHR





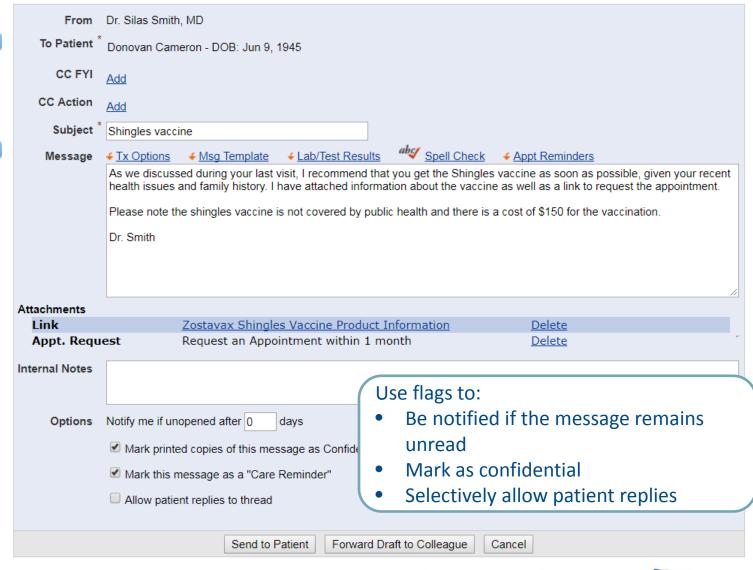
# Messaging





# View Your Message Patient Face Sheet Attach ♣ Add/Delete Files ♣ Appointment Request ♣ Web Link ♣ PreVisit Update Actions View Print Version Save as Draft Save as Template Delete Draft Message

## New Message to Patient





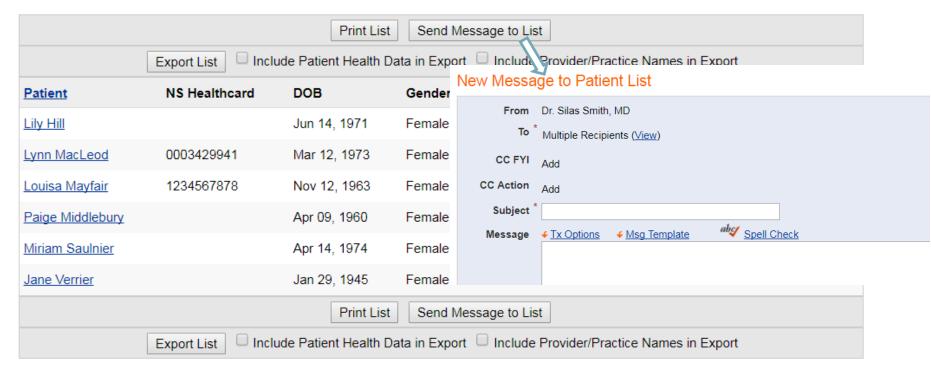
# Broadccast Messaging

Patient Lists New Patient List List Name Submit Date **Patient Count** Status List Rules Completed Women over 40 View Rules Aug 22, 2017 6:22 AM Mirena Provider Practice Over 6 **List Name** Smith, Silas All pati Provider All Groups • **Practice** ✓ Offline ✓ Online Primary ✓ Online Dependent Status ✓ Male ✓ Female Gender from to Years ▼ Age ▼ Day Month ▼ Year Filter by Birth Enter Code or Name ICD-9 Diagnosis Enter Code or Name ICD-10 Diagnosis Enter Code or Name Problem Select Medication Select Result(s) ✓ Yes ✓ No Phone Number ✓ Yes ✓ No Personal Health Record



## Women over 40 - Patient List

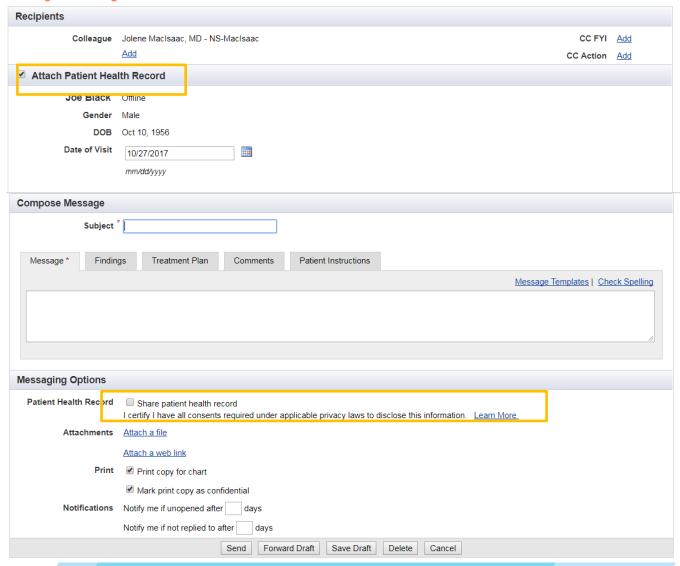
## 6 Patient(s) found





# Colleague Messaging

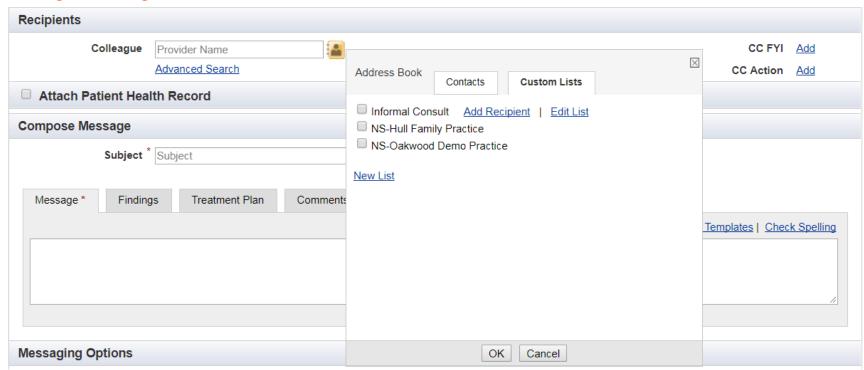
## Message to Colleague





# Colleague Distribution Lists

## Message to Colleague





# Message History

## View Message History

	From	<u>To</u>	<u>Patient</u>	Subject	<u>SentDate</u>	<u>Opened</u>	Audit trail
	Dr. Silas Smith, MD	Lynn MacLeod	Lynn MacLeod	Clinical Results have been released to your Patient Health Record	Feb 03, 2017 02:36 PM	Yes	Audit trail
Ch	eck All - Uncheck	All				Page	e 1 of 1
\	/iew Print Version	Close					

## View Message Audit Trail

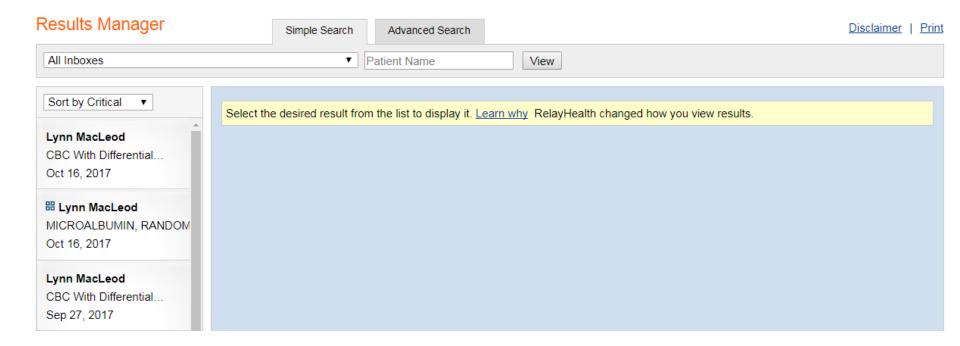
<u>Date/Time</u>	<u>Action</u>	By Whom	<u>Provider</u>	Recipient
Feb 03, 2017 02:36 PM	Sent	Dr. Silas Smith, MD	Silas Smith	Lynn MacLeod
Feb 03, 2017 02:36 PM	Sent	Dr. Silas Smith, MD	Silas Smith	Lynn MacLeod
Feb 21, 2017 02:26 PM	Opened	Lynn MacLeod	Silas Smith	Lynn MacLeod
Page 1 of 1				

Return to Message History

Messages are never deleted, only archived. For every message sent/received there is a message history and an audit trail.

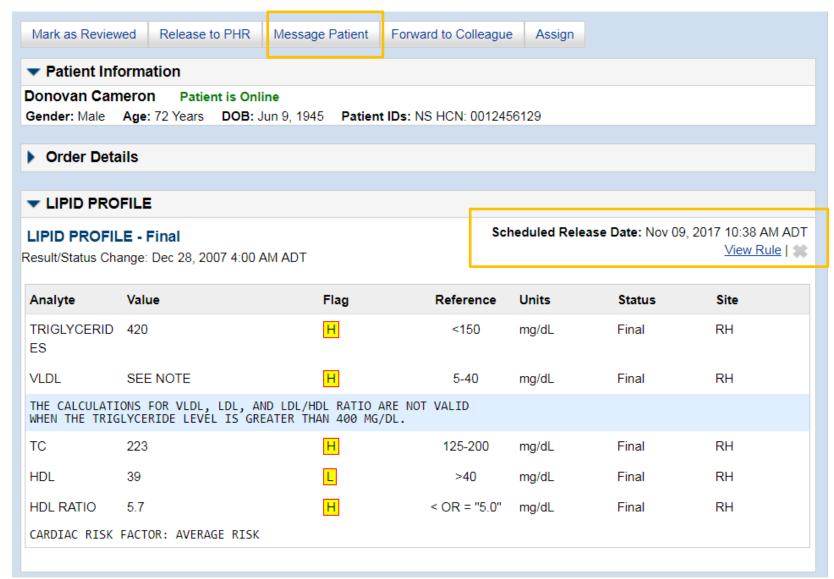


# Results Manager





## Release to Patient





# **Current Status**

• Patients online: 11,476

Physicians online: 228



# Digital health can solve the problems every jurisdiction faces

- People need better access to Primary Health Care (either find more providers or find more time)
- Health care lags behind all other sectors in modern communication technology (dependence on paper and recall is slow, clumsy and vulnerable)
- Collaborative care must be patient centered (health information follows the patient regardless of the point of care)
- Health system navigation can be challenging (on-demand access to personal health information gives power to the patient)
- Protects against breaks in continuity of care



# Critical Factors for Success

- Choose and support one, government approved system
  - It must integrate with lab and DI systems
  - It must integrate with hospital clinic reports
  - It must have integration with family physicians' offices
- Put the patient at the centre
- Ensure family physicians are engaged

